



THOUGHT OF THE DAY

Every heart has pain only the way of expression is different. some hide it in eyes while some hide in their SMILE.

BRIEF NEWS

ALVA'S MEDIA BUZZ 2018

"MARCH TOWARDS NATURE"

A state level media fest organised by Dept of PG studies in journalism and mass communication and Dept of journalism (UG) venue, Kuvempu hall alvas degree college on 16th feb 2018.

'BIRTHDAY VANA'

students celebrating birthdays will have to plant a sapling and look after it for three years. the student has the option of selecting the sapling of his choice. alvas NSS unit has taken a initiative to promote this programme.

UNION BUDGET 2018

Finance minister Arun Jaitley's budget turned its gaze to distressed farmers and rural sector and also launched the world's largest healthcare scheme for poor.

THE GLORY THAT FILLED ALVAS ON REPUBLIC DAY

Moodbidri: A patriotic atmosphere was created among the students of Alvas. A 35000 gathering of students for the republic day celebration at smt Vanajalakshmi k Shripathi Bhat amphitheater at puthige on friday of twenty sixth jan 2018 The special attraction of the day was presence of ex severicemen of the INDIAN Army gathered to witness the proceedings with utmost pride and honour. marchpast done by NCC contingents of Army, Navy, Air wing, Scouts and Guides, Rovers and Rangers from various places like Bangalore, Madikeri, Udupi, Moodbidri, Kasara-



god, etc dragged the attention of audience more than 1,200 cadets with 198 armed, participated in marchpast, students were dressed in T-shirt of the colour of the National Flag and were made to stand in such a way that that aerial view resembled INDIA in textual from flags and umbrellas caps and T-shirts bearing the Tri-colours were waved

during the rendition of the integration song, 'Koti Kantose'. The chief guest of this programme was Dr. Vinay hedge chairperson of Nitte group of institutions, he unfurled the national flag and he expressed his astonishment and said that " he was amazed by the immense discipline and the grand celebrations of dreams of the staff and students of

alvas education foundation. "this institution is a perfect example for people to emulate for all those who are suppose to be educated, cultured and disciplined. The aim is to inculcate character and religious cordiality, without which our country cannot prosper "he said.

-Abhishek,
Amrutha

SPORTS DAY IN ALVA'S COLLEGE

Moodbidri : jan 25 2018 alvas college had held sports day in Swara j maidan ,sir Pradeep D souza deputy director of mangalore university was the chief guest. On the occasion the host shared his own experience and also appreciated students to participate in sports from that we can learn discipline. The students who achieved in state and national level of sports section inaugurated the



programme by lighting the lamp in the ground ,the various games also conducted by the sports students such as volley ball ,running race,short put, relay, long jump.

and so on March fast plays a important role on the occasion which attracted the people and programme was a successful event.

- Amrutha

EDITORIAL TEAM



Amrutha & Abhishek

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Neither seek nor avoid,take what comes.
-Swami Vivekananda

EDU-MAGIC ,MAGIC AND EDUCATION TOGETHER

Vidyagiri July 29 : A guest lecture was organised in Alvas Degree college ,Moodbidre by Humanities forum and Department of Political science with the topic "EDU-MAGIC" for the students of Humanity forum, on the 29th July 2017 from 12:15 pm to 1:15 pm at Kuvempu hall.

The resource person, Mrs. Mubeena Parveen Taj, associate professor, BIT Engineering college, Mangalore was welcomed by Shashin 2nd BHRD and introduced by Mr. Nagaraj, lecturer of Political Science department.

She said, "both the knowledge and qualification is important in our life" and presented a magic show which is linked with the education, showcasing how the concentration and the knowledge of the students can be increased through magic. As magic tricks involve concentration hence doing things like juggling balls can increase the concentration of the student.

Humanities forum inaugurated new logo. The President of the program Mr. Ramesh B. Lecturer and H.O.D. of political science department said, "education does not only involve chalk and blackboard, innovative ideas should be used to teach students which will make the whole teaching process more effective." Faculty Political Science Dept. and members of Humanity forum were present in the program. -Sadhana KGH

Editorial Team



SINKING OF SOCIAL SCIENCES

PC: Varun Raj

Vidyagiri 11 Aug: The Department of Humanities conducted a guest talk on the 'Developments in the 20th century in the study of social sciences' here in the Kuvempu Hall on the 11th of August, 2017.

S A Javed, professor in political science, Shivamoga university spoke about the development in the 20th century in the study of social sciences widely.

Speaking on the occasion he said the development in the 20th century brought about major changes in the field of social science. He spoke widely on the topic quoting great thinkers of the world



Chief Guest releasing the Humanity Review

like -George E G, Mannro, A L Lalo, Karl marx, August comte and others who played a key role in the developmental changes in the field of social sciences.

The Humanities Review was

released by the S A Javed, Mrs Sandhya, Ramesh, Mr Ashok'D souza, Mr sanmathi and other faculties and students were also present.

- Sonia Sali

A PARADIGM SHIFT FROM IGNORANCE TO KNOWLEDGE

PC: Abhinandan



Dr. Audrey Pinto inaugurating the student council

Vidyagiri 12 Aug: Psychology student council formally inaugurated. Students enthralled by a session on movement therapy.

12th August, Vidyagiri: The department of psychology formally inaugurated the student council, "Eunoia" in the presence of Dr. Audrey Pinto, Professor, school of social work, Department of psychology, Roshni Nilaya College, Mr. Vivek Alva, managing Trustee, AEF, Dr. Kurian, principal,

Alvas Degree College, HOD of department of psychology, Mrs. Deepa Kothari, Ms. Jostvita, lecturers and all the students.

The president of the day Mr. Vivek Alva opined that, "if negativity is virtue, then so is positivity and it is the students who bring it in the system, spreading it everywhere and can help in serving the community".

The chief guest, the dynamic and energetic Dr. Audrey

pinto addressed the gathering her talk, she highlighted the importance of knowing ourselves and about directing our energies to make our lives successful. She stressed on the fact that each individual is a unique being.

"There must be a paradigm shift from ignorance to knowledge and from dependency to self direction, take responsibility for actions and gain emotions literacy", Said Dr. Audrey Pinto.

Dr. Audrey and her team of dedicated trainers, Ms. Jennifer enthralled the students with a session on movement therapy which concentrated on self-expression through bodily movements which enhance the mind-body balance.

At the end of the session, the take-away message for the students was to make optimum use of experience and to put the knowledge of our self into practice. - Vishakha

BRIEF NEWS

Vidyagiri 16 Aug: Freshers day was held for first year degree students in Nudisiri Vedike in Alva's Degree College in the evening.

Vidyagiri, 8 Aug: Youth Red Cross Unit inauguration was held on 8 Aug 2017 from 12:15 to 2:00 pm at Kuvempu Hall. Suvarna District Level co-ordinator of youth Red

Cross Society, Manglore was the resource person. Dr. Kurian, Principal of Alva's Degree College was the president of the program.

The day India flew out of her cage

August 15, 1947 that glorious day when India flew out of her cage. She flew out into the open skies of freedom and joy. Indeed, that day of independence is marked in Indian soil, in every Indian soul and everywhere in this land.

August 15, 1947 was that when the true meaning of freedom was set alright in our hearts. It was the day when the British took their leave, the nation rejoined for joy, the people danced for the joy of freedom. 71 years to the day India was set free, we still cherish that beautiful day when Indians actually learnt the true meaning of 'Freedom', when Indians finally saw the first to all the strivings.

Independence day is that day when the men of valour who fought for the glory of their nation are remembered. And not just a day they are worth remembering every single moment of our lives in our Motherland.

Today we speak out our thoughts, we walk about freely, cry out against injustice, step out confidently on our land and may all the glory go to the men who fought selflessly for joy and peace in the future. These men who have strove so hard for freedom ought not to be remembered for just a single day but all through our lives. It is their effort that we live joyfully today, their effort that the glow of happiness remains on the face, their blood that brought us absolute 'Freedom'.

That day when India flew out of her cage, she stretched out her wings of freedom and flew in the sky in joy and relief. As the Indian flag flutters today, just as it did 71 years ago, the enthusiastic youth in every Indian awakens. The fluttering flag, blood thrilling songs of independence, scenes of the by gone day of independence makes us proud to be an Indian.

- Sonia Sali

International Yoga day celebration at Alva's

Vivek Alva takes the initiative.



Moodbidri, 5 July: Alvas Education Foundation celebrated International Yoga Day on 21 June. AEF Trustee Vivek Alva was present on the occasion and more than 1000 students celebrated the day by performing yoga in such a large gathering. AEF has been hosting International Yoga Day from the last three years. This year witnessed a change of venue to Alvas PUC Commerce block Puttige as the last two years, the program was held at Swaraj Maidan in Moodbidri. Chairman Vivek Alva took this initiative under the guidance of Dr. Mohan Alva and made the event a great success. The main objective -to maintain a healthy lifestyle and to understand the importance of yoga were achieved during the program. Students really enjoyed the session, with Vivek Alva too, joining in to it.

9th Edition of Alva's Pragati- A Fair of Opportunities

The 2017 Alvas Pragati turned out to be a huge success story. Job opportunities for thousands of hopes.

Moodbidri, 5 July: Praising the sheer hardwork and perseverance of the staff, Dr. Kurian mentioned that the whole success of Alvas Pragati was based on the co ordination and unconditional support of its staff and members.

Alvas pragati, a two days job mela which was hosted by alvas education foundation has ended successfully. The two day event had been a wonderful platform for more than 1500 students with more than 200 companies present to recruit the students .More than 1200 students got the job opportunity among which 123 companies have short listed the candidates. Famous companies such as the Amazon selected 73 candidates, Gujarat based company Ab-

solute, has selected 20 candidates whereas NMC has selected 5. The program was inaugurated by Pramod Madhvaraj, State Sports Minister and Abhaychandhra Jain presided the gathering with Binoy Shetty of the BR Shetty group.



This year witnessed a mass gathering of students for the event.

"It is basically the commitment and driven purpose of making students knowledge and skill oriented that has boosted Pragathi. It has been a great platform for graduates. Success of Pragati is solely because of the team work and unconditional support."

- Dr. Kurian, Principal of Alvas Degree College.

- Sushant M

Karantaka's First Yakshagana Diploma starts at Alva's

Moodbidri, 5 July: Yakshagana is the cultural dance of Dakshina Kannada. People here are born to the sound of yakshagana. And now thanks to Alvas Education Foundation (AEF) a golden opportunity for the people who are interested to learn yakshagana formally has been made available. AEF in association with Alvas Dhimkita Yakshagana Adhyayana Kendra has started 2 year diploma course in yakshagana. In this diploma, one can learn both 'tenkutittu' and 'badagutittu', two notable forms of yakshagana with SSLC as the minimum educa-

tional qualification. These students are allowed to study other subjects during their diploma, according to their particular interests and scholarship would be granted to every student. These students will be provided free stay, free food, without a penny to spend. Yakshagana diploma course involves variety of key components of yakshagana such as 'himmela' and 'mummella bagavatike', yoga ,pranayama, deep knowledge about the mythology, etc. Explaining the motives behind this unique course, the coordinator of Alvas Dhimkita



Yakshagana Adhyayana Kendra, Deevith Sridhar Kotyan said, "Today's youth are very much attracted to yakshagana but no one is ready to learn it in a formal way. That's why this platform aims at providing a

formal, thorough learning experience for those people." Kumble Sundar Rao, Jabbar Sumo,Prabhakar Joshi and others are a part of the committee.

- Chaithali Rai

What's going on?

England: Left-arm spinner Ekta Bisht came to the fore with a stellar show as India crushed arch- rivals Pakistan by 95 runs in a low-scoring encounter to record their third successive victory in the ICC Women's World Cup.

New Delhi: July 15 has been declared as the official date for the presidential elections. Ramnath Kovind and Meera-Kumari, the ex speaker of Lok Sabha are the aspirants of the elections. The end of Pranab Mukharjee's term has induced the elections.

Hubli: Ravi Belagare was arrested and bailed after a high drama at KEMS Hospital, Hubli. A warrant was issued because of a defamation case filed against him by Mr. Koliwada. Ravi Belagare wants to fight the accusation in High Court.

New Delhi: GST has been welcomed to India since the onset of July, the 1st.Negative as well as positive reactions are coming out from the people. Prime minister Narendra Modi has not commented on the issue yet.

The Team



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BRIEF NEWS

Vidyagiri : An orientation program held for first year degree students on 27th June for BBM, 28th June for BSc and BCA, 29th June for BCom and 6th July for BA to introduce them to the college, its vision, mission, rules and regulations, in Kuvempu Hall. Dr Kurian, Principal Alva's Degree College was the president of the program.

Vidyagiri : Fresher's day is being held for first PUC students of Alva's in the month of July. There will be cultural program by cultural students of AEF.

Vidyagiri July 1: As an initiative to create awareness about GST implementation a display of charts explaining GST was done on 1st July in Alva's Degree College building by commerce forum.

News Around The World

- People of Indian origin in Israel to get OCI card: Modi.
- Indian cultural centre in Israel soon.
- China invites foreign cancer experts to treat Liu Xiaobo.
- Huge floods sweep southern Japan, at least 15 missing.
- Drought shadow over grain output in Tamil Nadu.
- Tamil Nadu moves SC for due share of Cauvery water.
- Siddaramaiah to chair Dasara high power committee meeting soon.
- Women's World Cup: India beats Sri Lanka by 16 runs.
- Theatres in Tamil Nadu to remain shut in protest against GST.

Editorial Team



Shringeri Seer Preach Alva's Students

knowledge more important than money: Bharathiteertha Swamiji

Moodbidri, June 30 : A preaching session was held in Alva's Degree College by the seer of Shringeri Sharadha Matth, Shri Bharathiteertha Swamiji in VS Acharya auditorium.

On 29th June, Shri Bharathiteertha Swamiji visited Alva's College, Moodbidri along with Vidhushekhar Bharathi Mahaswami on his way back to Shringeri after completing Vijaya yatra in Kerala. They were welcomed to the college with grandeur by the chairman of AEF, Dr M Mohan Alva.

On 30th, in the preaching session, addressing the students he said, The respect and name that comes from having money remains only till you have money, as soon as the money vanishes the respect and name vanishes with it. The



* Shringeri seer addressing the crowd

education and knowledge we gain is the real wealth that stays forever.

Gaining knowledge is more important and precious than making money. Knowledge is beyond our reach, and hence we should never live in an illusion that we know everything. Everyone should learn to appreciate and respect the people who do good for the people and the society. A student should cultivate interest in

whatever he studies and have respect towards the teacher, one cannot gain knowledge unless he is interested about the subject he is studying, he added.

Alva's students sang a prayer to Lord Vishnu. A ritual of washing Swamiji's feet and Chandra Mouleshwara pooja was done by Brahmins. Dr M Mohan Alva, presided over the function.

-Sinchana Murthy

Kunnigal Girls Kabbadi Championship.



* The Kabbadi team

Kunnigal, 23rd June: The JDS trophy program held in Kunnigal on the occasion of D.K.Ravi death ceremony from 23rd June to 25th June. Alva's college students filled the championship spot. In final Alva's college students beat the Bangalore Jayaram club 32-21 and finally Alva's sports team member Prajna was praised as the best player.

-Deepthi B Rao

Advertisements Should Cater To The Emotions Of The Society



* Mr Chengappa interacting with the students

Vidyagiri, July 4: A guest lecture was held in Commerce Hall for journalism students about advertising strategies by Mr Chengappa, chairman of Aadhya Productions.

He gave an introduction to the advertising world, he talked about branding, colour, fonts and other aspects of advertising.

He displayed some advertisements and explained the essentials of making an advertisement. He said, It is necessary to be loud to be heard. Our ideas should speak only then an advertisement will be

effective. He explained the difference between the advertisements that are put on different types of displays like TV, radio, newspaper, etc. He also talked about money matters related to advertising, cost and profit involved.

Master of ceremony was by Manasa, IIIrd year journalism student. Mrs Reshma HOD of Journalism Department and faculty were present in the program. Vote of thanks was given by Thanzil, IInd year journalism student. - Sinchana Murthy

Karnataka Girls Win National Ball Badminton Trophy



* Winning team posing with the trophy

Moodbidri, 20th June : The Indian Ball Badminton Association and the Delhi Ball Badminton Committee held the 4th National Inter-state Ball Badminton tournament at Moodbidri. The girls of Karnataka won the Championship for Karnataka. Many of the girls from Moodbidri Alva's college played for the Karnataka team and finally they beat Tamil Nadu 35-22.

In semi-final Karnataka team defeated Jharkhand and Tamil Nadu. Nine girls

participated for the Karnataka team. Kavya HR, Jayalakshmi, Lavanya, Pallavi served the main purpose and were the strength in winning the match. Kavya was the captain of the team.

Dr M Mohan Alva, chairman of AEF, had given opportunities and great encouragement for sports students and sports club. Alva's students made the institution proud.

-Deepthi B Rao

EXCELLENCE IS A CONTINUOUS PROCESS AND NOT AN ACCIDENT - A P J ABDUL KALAM



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Thought of day

Take Risk In Your Life. If You Win, You Will Lead. If You Loose, You Can Guide

BRIEF NEWS

Alva's girl bring glory

MOODBIDRI: the wrestling training centre the lucknow Mamatha Keloji a student of alva's was selected by the centre for the world wrestling championship.

EQUALITY BEFORE JUSTICE IN OUR SOCIETY

For every women rushing to a packed bus but managing a seat reserved For lady, is a man who scoffs and raises the question that ponders In the minds of most other males they talk about reservations, they Talk about equality; what are they up to? And the answer is simple-Equality doesn't always means justice. Now when we use the term 'women empowerment', What does it actually Mean? Giving more power to wom-



en or equal power to women? This Question is the boiling point of every feminist non feminist C o n v e r s a t i o n : Let me break it down to you. A guy has 3 mangoes, another has none. You give each of them 2 mangoes. According to you,

Distributing the Man goes equality is equality, but are they equal? They first guy now Has 5 mangoes whereas the second guy has only 2. Here, justice comes Into play. Justice in when you distribute the mangoes in a way that

Both have equal number of it which bring about Equality. And that is Why equality is simply not enough to empower women and justice needs To act, wherein, more power needs to be given to them. Who are the privileges and laws and reservations Both have equal number of it which brings about equality. And that is Why equality is simply not enough to empower women and justice needs.

HINDI DAY CELEBRATION IN ALVA'S COLLEGE, MOODBIDRI

25th September, 2017 Vidyagiri: Alva's College The Dept. Of Hindi organized Hindi Day celebration in the Kuvempu Hall of Alva's Degree College at 9 am Program was inaugurated by the chief guest, prof Namitha, SMS college brahmapur. She is an English professor but holds the degree and master degree in hindi. From the Varanasi university, banaras. It was preceded by mr.

Vevek alva, managing truster, alva's college the principle Dr. kurian, the H.O.D of hindi department Dr Rajeev also attended the function along with staff of various faculty and students. When asked to share a few words prof. Namitha started with a self written poem explaining the importance and love toward language. She later acknowledge us with the history of

hindi language and importance and usage of other language too she explain the origin of urdu language and how hindu and urdu influence each other. She ended her talk with motivational self written poem 'lagan' (determination) Mr Vevek alva appreciate the talk and emphasis on the same and shared his opinion about the hindu day celebration as well as hindi fest 'umang'

there were mainly 2 event named 'bang your brain' and 'bakk machine' which had prelims and sub rounds. Many students from various department has participate in the competition in bang your brain, first prize was won by Rahul and vinayak of 1BBA. Second place was lacked by sinchana murthy and Anjali of 2BA(in the second event bakk bakk machine,

first prize was taken by Meghana Acharya and Rakshita poojary of 2(BBA) and second place was taken by Rachana and Prateeksha shetty of 2Bcom Overall the event was a grand success and was appreciate by all for its innovation and systematic arrangements organized by faculties of hindi department and student volunteers.

By. Akshita



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Thought of the day

I ALONE CANNOT CHANGE THE WORLD, BUT I CAN CAST A STONE ACROSS THE WATERS TO CREATE MANY RIPPLES

Brief news

Alva's Brings Glory And Farme Moodbidri-

The pre-university college in Alva's participated in the state level Ball Badminton competition held under the leadership of Basavanna in the Bengaluru Rural district of Nelamanagala. This is for the eleventh time Alva's has been bagging a prize for Ball Badminton competition.

US Files Bombers Over Korean Peninsula with South Korean, Japanese Fighter Jets.

SEOUL- The US military flew two air force B-1B lancer bombers over the Korean peninsula in a show of force late on Tuesday amid high tensions over North Korea's nuclear and missile programs, South Korea's military said.

EDITORIAL TEAM



WORKSHOP PAVES NEW WAYS IN CROP DISEASE MANAGMENT

Moodbidri, Alva's college PG Dept of Botany had organised work shop on research for "New tools in crop improvement in diseases management in plantation crops" at kuvempu hall of alva's college at 10am on 27th sept 2017 Principal of alva's college Dr Kurian, was invited as president for the program. The program was organized by PG Dept. of Botany, HOD, Dr pushendra, various topics were handled by various guest lecturers. Firstly the introduction of workshop was given by Anitha karun Hod, crop improvement, CPCRI, kasaragod, then the program was followed by Dr vinayaka Hegde, HOD,



Crop Protection, CPCRI, kasaragod Presented on the topic plant tissue, culture and application in crop improvement in plantation crops. There was an interaction session on crops improvement in plantation crops with Dr. Niral Principal

scientist, crop improvement CPCRI, Kasaragod and memento was presented to them and many students attended this workshop and actively interacted with resource person.

-Amrutha Ramesh

PAIN TO THE BACK BONE OF INDIA

-By Abhishek

INDIA is an agrarian country with around 70% of its people depending directly or indirectly upon agriculture. Farmer suicides accounts for 11.2% of all suicides in INDIA. Activists and scholars have offered a number of conflicting reasons for farmer suicides, such as monsoon failure, high debt burdens, government policies, public mental health, personal issues and family problems. There are also accusation of states manipulating the data on farmer suicides.

Farmers suicides a global phenomenon. Outside India, studies in Sri Lanka, USA, Canada, England and Australia have identified farming as a high stress profession that is associated with a higher suicide rate than the general population. This is particularly true among small scale farmers and after periods of economic distress. Significantly higher suicide rate among farmers than general population have been reported in developed countries such as the UK and the US.

In 2014, the National Crime Record Bureau of India reported 5,650 farmer suicides were recorded in 2004 when 18,241 farmers committed suicide. The farmers suicide rate in India has ranged between 1.4 and 1.8 per 100,000 total population, over a 10-year period through 2005. As of 2017, farmer suicides have occurred in large numbers in Maharashtra, Andhra Pradesh, telengana, Tamil Nadu, Madhya Pradesh, Bihar, Uttar Pradesh, Chhattisgarh, Orissa and Jharkhand.

-By Souias

"Anchoring captures the heart"

- SHAMIRA BELVAI



- Pc By prayag

Vidyagiri.The Department of Journalism conducted a workshop on anchoring and it's techniques by Shamira Belvai in the PG seminar hall here on the 4th of October,2017.The proved to be a great help to the students and paved a great path in the careers of children who were passionate about anchoring. Shamira Belvai, alumni of Alva's presented a close-to-heart interaction with the UG and PG students of Journalism. Speaking on the occasion she said you have to love what you

do for your career to favour you,you have to let yourself in.Id you are passionate about something then it will favor you and will bring happiness in what you are doing.She also talked about the different aspects of anchoring and how to be a successful anchored. Anyone interested in anchoring should possess matchless confidence to enter into the field of anchoring, comfort in what he or she is doing after entering the field, curiosity to know more about what is happening,clarity in what

he or she is presenting on the screen and finally costume also plays an important role before the camera and on the screen.

It's not beauty that takes you up in your career in anchoring but your knowledge and your tactfulness. Your capability, confidence and the vastness of your knowledge about the world would not let anybody on the earth tell you different she said.

The students were also exposed to practical presentations of news reading which boosted their passion for anchoring and facing the camera in the unknown future.She also talked about the anchoring techniques for different news stories.

The guest lecture proved to be very worthwhile and productive, shaping the dreams of many young souls and promising a bright future. Mrs Moulya,HOD,PG department of Journalism,Mrs Reshma,HOD,UG department of Journalism,other lecturers and students were also present.



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Thought of the day

We are what we repeatedly do. Excellence, then, is not an act but a habit.

Aristotle

Brief News

Vidyagiri: A placement training program organised by Alva's Degree College was held in the PG Block from 8th July. The program was conducted for the final year students of all the courses. Mr. Ramani Venkat was the resource person of the program.

Vidyagiri: A new forum on film making was introduced for the first year students at Alva's Degree College for the year 2017-18. The forum co-ordinator is Mr. Rajiv, HOD of the Hindi Department.

Vidyagiri: A library orientation program for the first years was held from 10th July. It offered an introduction to library's resources, services and facilities.

Vidyagiri: New Yakshagana Production was introduced by Mantapa Prabhakar Upadhyay based on scenes from Ramayana. Practice took place from 10 to 12 July.

Alva's Celebrates 174th Press Day

Vidyagiri, 19th July: The press, the fourth pillar of the society plays an important role in the life of people all around the world. 174 years to the day the press in Karnataka took its birth. On such an occasion, the department of Journalism called for a guest talk for the UG students here in Alva's College in the PG seminar hall. The event was inaugurated by Mrs. Sachitha Nandagopal, the chief guest for the day, Mr. Sitaram Acharya, president of press club, Moodabidri, President Dr. Kurien, Mrs. Mowliya, HOD PG Studies for Journalism, Mrs. Reshma HOD UG department of Journalism.

Giving the presidential note, Dr. Kurien said that a journalist is a social doctor. A journalist who writes, creates history and leaves a permanent mark in the society. It was followed by the release of Sudhimane, Alva's Mirror, Alva's Madhyama and Alva's Vision by the dignitaries of the day. The media has transferred from the field of journalism into the commercial grounds said Mrs. Sachitha Nandagopal. It has changed from mission to profit, factual to print, print dominance to online portals.



Release of Alva's Madhyama by the guest.

Speaking on the occasion the condition unlike the Mrs. Sitaram Acharya said journalists of today. The he longed to see more worth- event was concluded by ful journalists who would the giving away of me- changed the world and mentos to the chief guest.

-Sonia.S

Traditional methods back in urbanised world

Vidyagiri, 19th July: A guest talk on traditional ways of conservation and use of plant diversity organised by the UG Department of Botany was held on 12th July at Kuvempu Hall, Alva's Degree College. Reputed person, Dr. U.M Chandrashekar Scientist, Department of Ecology, Kerala Forest Research Institute, Nilamburu was invited as the resource person and Dr. Kurien, Principal of Alva's Degree College was the president of the function.

The program was inaugurated by planting a medicinal plant. Dr. U.M Chandrashekar spoke on the comparative study of tribal practices and their scientific views. He highlighted the importance of traditional practices of bamboo, trenching, mulching of soil, intercropping with shade tolerant, shoot duration crops and the importance of edible non-crop plants in and around the home and in agricultural lands.

Mrs. Ramya Rai, HOD Department of Botany, lecturers and students were present.

Priyanka.Y



Dr. U.M Chandrashekar inaugurating the function

Editorial Team



The bringer of life

The monsoon has brought along with it prosperity, freshness and richness to the land. The bringer of life is here. The atmosphere has revived, the skies are black and all the land is yearning for the wetness of Monsoon. The lush of the pastures, beedy dews on the leaves, swaying trees, tender herbs, slimy algae and the fresh air has filled the season. The enthusiasm and vividity of monsoon is so

refreshing to the mind, relieving to the heart and amazing to the self. The winds have lifted itself from mild to tremendous, announcing to the world around the intensity and might of its season. Every little sprout has come out of its tender support within its protective seed and out into the vastness of the world. That is the power of Monsoon. It is indeed the bringer of life, the bringer of joy and



peace, something that revives the earth and soothes the self. It brings joy to every soul on the earth like the beedy droplets that fall on the thirsting earth.

Sonia. S

**BRIEF NEWS****Bangladesh:**

In Bangladesh after an overloaded boat carrying scores of desperate Rohingya sank in rough seas, police said Tuesday, taking the confirmed death toll to 23.

Silivri (Turkey):

Almost 150 former Turkish military personnel went on trial Monday over clashes on an Istanbul bridge during last year's failed coup that claimed dozens of lives, including a key aide of President Recep Tayyip Erdogan.

United States:

11 dead, thousands homeless as wildfires torch California wine country

Scientists at the University of Southampton have made a major step forward in the development of digital data storage that is capable of surviving for billions of years. Using nanostructured glass, scientists from the University's Optoelectronics Research Centre (ORC) have devel-

MENTAL HEALTH, The Urgent Need Of The Hour

Vidyagiri: Mental health is sound fitness in the mind. It is in fact the crown of all kinds of healthiness. A healthy mind is a healthy physique and a healthy physique creates a happy self. In the year 1992, the world health organisation first observed the mental health day on October 10th, thereby the world has been observing



Dance performance by Naturopathy students

mental health and creating awareness for a healthy mind. As part of the world mental health day the department of psychology conducted a week's programme to create awareness and bring out mental healthi-

ness. Competitions such as debate, awareness song, poster-making, dance drama and mime was conducted for the students of Alva's Education Foundation on the 6th and 7th of October, 2017. Students from different colleges came together to participate and be part of the celebration of Mental Health.

ETERNAL 5D DATA STORAGE COULD RECORD THE HISTORY OF HUMANKIND

Outlook of 5D storage of holy bible.

oped the recording and retrieval processes of five dimensional (5D) digital data by femtosecond laser writing. The storage allows unprecedented properties including 360 TB/disc data capacity, thermal stability up to 1,000°C and virtually unlimited lifetime at

room temperature (13.8 billion years at 190°C) opening a new era of eternal data archiving. As a very stable and safe form of portable memory, the technology could be highly useful for organizations with big archives, such as national archives, museums and libraries,

to preserve their information and records.

The technology was first experimentally demonstrated in 2013 when a 300 kb digital copy of a text file was successfully recorded in 5D. Major documents from human history such as Universal Declaration of Human Rights (UDHR), Newton's Opticks, Magna Carta and Kings James Bible, have been saved as digital copies that could survive the human race, emony in Mexico.

Thought of the day:

"Even a mistake may turn out to be the one thing necessary to a worthwhile achievement." Henry Ford

The Humble House Keeper

-Chaitthali

She's a house maker. A simple house maker. Wakes up and tells the rooster to crow. The house is clean before you know. When you wake, the house rebounds sweet melody. You are royally served while you wake up, with breakfast and tea. Your things are all ready you have nothing left to do. But there's always some work and any leisure time in between is an unimaginable bliss. All four time full course gourmet meals are served to please your taste. Tired, after finishing all her work, retires without second to waste.





Thought of the day:
"Peace cannot be achieved through violence; it can only be attained through understanding."
Ralph Waldo Emerson.

BRIEF NEWS

Warsaw- A psychology student from Belarus, Aleksandra Chichikova, was chosen Miss Wheelchair World in the first-ever edition of the beauty pageant held in Warsaw on Saturday.

Santa Clara (Cuba)
- Tens of thousands of Cubans turned out on Sunday to pay tribute to Ernesto "Che" Guevara, the Argentine-born Marxist revolutionary and guerrilla leader, on the 50th anniversary of his death.

Washington - US bombers flew off the east coast of North Korea Saturday in a show of force designed to project American military power in the face of Pyongyang's weapons programs, escalating already sky-high tensions.

Moodubidri:

On 6th, 7th, 9th and 10th of October, dept. of Psychology conducted "mental health week" to spread the awareness about mental health and mental weakness. This program was attended and participated by students and faculties of Alva's P.U, Naturopathy, Engineering, Degree and PG College. On 9th, the day was started by inauguration of Psychology exhibition at PG seminar hall. Managing trustee Mr. Vivek Alva and Degree principle Dr. Kurien was the

AWARENESS ABOUT MENTAL HEALTH



Top photos are of exhibition and the below are of guest talk

chief guest of the function. The department of Psychology showcased chart made by psychology students of UG and PG and also the participants of 'Poster making' competition. Various types of apparatus demonstration and tests were conducted. Also

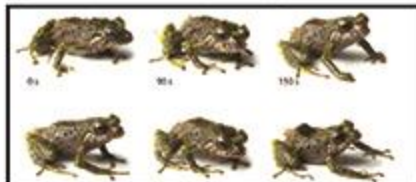
challenge booth caught the eyes of many which had few challenges to complete and winners were awarded.

On 10th, the department conducted a guest talk on 'Mental health at work' for the students of psychology and the teachers of Alva's Degree Col-

lege at Kuvempu hall. Managing trustee Mr. Vivek Alva and Degree principle Dr. Kurien was the chief guest of the function. The Talk was given by Mr. Srinivas bhat who is a Psychiatrist. He spoke about necessity of spreading the awareness of mental health to everyone as it is considered to be necessary for the balance of family and work life. He encouraged the audience to identify the people who needs help and to suggest them to go to counselling.

Shape-Shifting Frog

Scientists have discovered a species of frog that is able to change its skin texture in order to mimic the surface it is perched on. The species was discovered by a duo of researchers, Katherine and Tim Krynak, whilst they were exploring a nature reserve in Ecuador's western Andean cloud forest back in 2009



The frog changing with respect to time

Krynak explained that although the frog's combination of spines and coloration clearly help it blend into mossy backgrounds, whether the texture-

changing ability truly helps the species evade predators is unknown at this stage. Colleagues back at Universidad Tecnológica Indoamérica then spent

the next few years characterizing the frog, which revealed that it can change its texture in around three minutes. It was later named *Pristimantis mutabilis*, or the mutable rain-frog.





ಸಂಪುಟ:8

ಸಂಚಿಕೆ:25

ದಿನಾಂಕ:3/3/2018

ಖಾಸಗಿ ವಿತರಣೆಗಾಗಿ

ಸುಭಾಷಿತ

ಕೇಳಿ ಕೊಡುವ ನೂಲಾದು
ಬಹುಮಾನಗಳಿಗಿಂತ
ಕೇಳದ ಕೊಡುವ
ಗೌರವ ದೊಡ್ಡದು.

ಮಾಯಿಲೆ ದಮನ
ಮಾಡುವ : ಮೆಡಿಸಿನ್
ಆರ್ಡ್ ಫೀಚರ್
ಮೂಡಬಿದಿರೆ: ಆಲ್ವಾಸ್
ಕಾಲೇಜಿನ ಬಯೋಟೆಕ್ನಿಕ್
ವಿಭಾಗದ ವತಿಯಿಂದ
"ಮೆಡಿಸಿನ್ ಆರ್ಡ್ ಫೀಚರ್"
ಆಯೋಜಿಸಲಾಗುತ್ತದೆ.
ವಿಷಯವು ಸರ್ಕುಲರಿ
ಖಾಯಿಲೆಯ ಸಂಪೂರ್ಣ
ಶಮನ ಮಾಡುವ ಶಕ್ತಿ
ಹೊಂದಿದೆ. ಎಂದು ಆಲ್ವಾಸ್
ಕಾಲೇಜಿನ ಬಯೋಟೆಕ್ನಿಕ್
ವಿಭಾಗದ ಉಪನ್ಯಾಸಕರಲ್ಲಿ
ಮಾತನಾಡಿದರು. ಮುಖ್ಯ
ಅಧಿಕಾರಿಗಳಿಗಾಗಿ ಉಪನ್ಯಾಸ
ಘಾಟ್ ಶ್ರೀ
ಪಾಟೀಲ್ ಉಪಸ್ಥಿತರಿದ್ದರು.
ಆಲ್ವಾಸ್ ಕನ್ನಡ ಶಾಲೆಗೆ
ಅಂಚೆ ಪತ್ರಿಕೆ

ಮೂಡಬಿದಿರೆ: ಆಲ್ವಾಸ್
ಕನ್ನಡ ಪ್ರಾಥಮಿಕ ಹಾಗೂ
ಪ್ರೌಢಶಾಲೆಗೆ ತಮ್ಮ ಮಕ್ಕಳನ್ನು
ಸರ್ಕಾರದೊಳಗಿಟ್ಟು
ಭಾವಿಸಿದರಾದರೂ ವಿವಿಧ
ವಿಭಾಗದ ೭ ಸಾವಿರಕ್ಕೂ
ಅಧಿಕ ಮಂದಿ ಅಗಮ್ಯವಾಗಿ
ಮೂಡಬಿದಿರೆಯಲ್ಲಿ ಐಸರ್ವಾಗಲಿ
ಕಂಡುಬಂತು.

ಫಿರಿಂಗಿಯೋಕೆನೇಟ್
ರಾಷ್ಟ್ರೀಯ ಸಮ್ಮೇಳನ
ಮೂಡಬಿದಿರೆ: ಆಲ್ವಾಸ್
ಕಾಲೇಜಿನ ಕುಮಾರು
ಸುಧಾಂಗನವರಲ್ಲಿ
ಫಿರಿಂಗಿಯೋಕೆನೇಟ್ ಎಂಬ
ಓಂದು ದಿನದ ರಾಷ್ಟ್ರೀಯ
ಸಮ್ಮೇಳನ ನಡೆಯಿತು.

ಸಂಪಾದಕೀಯ



ಮೂಡಬಿದಿರೆ: ಆಲ್ವಾಸ್
ವರದಿ ಕಾಲೇಜಿನ ವ್ಯಕ್ತಿಯ
ಬಿ.ಕಾಂ ವಿದ್ಯಾರ್ಥಿ ಕಿರಣ್
ರೈಡ್ ಚೆನ್ನ ಸೂರ್ಯ
ಎಂಬುವವರ ಸಹಯೋಗದಲ್ಲಿ
ಪ್ಲಾಸ್ಟಿಕ್ ನ್ಯಾಪ್ಪಿನ್ ತಯಾರಿಕೆ
ಕಾರ್ಯಕ್ರಮವನ್ನು ಆರಂಭಿಸಿದ್ದು,
ಆಲ್ವಾಸ್ ಶಿಕ್ಷಣ ಪ್ರತಿಷ್ಠಾನದ
ಕುಮಾರು ಸುಧಾಂಗನವರಲ್ಲಿ
ಮೋಪಾದರ ಬೆಟ್ಟಿ ಎಂಬ
ಹೊಸ ಪ್ರಾಜೆಕ್ಟ್ ಲಾಂಚ್
ಕಾರ್ಯಕ್ರಮ ನಡೆಯಿತು.
ಹೊಸ ಉತ್ಪನ್ನವನ್ನು ಲಾಂಚ್
ಮಾಡಿ ಮಾತನಾಡಿದ
ಸಂಸ್ಥೆಯ ಅಧ್ಯಕ್ಷೆ ಡಾ.ಎಂ
ಮೋಹನ್ ಆಲ್ವಾಸ್ ಹೋರಾಟ
ಮನೋಭಾವ, ಇಬ್ಬುಶಕ್ತಿ

ಹಾಗೂ ಸಮಾಜದ ಚಿಂತನೆಗಲು
ಇದ್ದಲ್ಲಿ ಯಾರು ಬೇಕಾದರೂ
ಸಾಧಿಸಬಹುದು" ಎಂದು
ಹೇಳಿದರು.ಕಿರಣ್ ಈ ಕಿರಿಯ
ಪರಿಯಕ್ಕಿ ಕಂಪನಿಯ
ಮಾಲೀಕರಾಗಿದ್ದಾರೆ. ಈ ಕಿರಿಯ
ಕ್ರಿಯಾತ್ಮಕ ಮನೋಭಾವವನ್ನು
ರೂಢಿಸಿಕೊಂಡಿರುವ ಮಕ್ಕಳನ್ನು
ಕಂಡಾಗ ಮನವುಂಟು ಬರುತ್ತದೆ.
ಹೆಚ್ಚು ಮಕ್ಕಳಿಗೆ ಅಗತ್ಯವಿರುವ
ಉತ್ಪನ್ನವನ್ನು ತಯಾ-
ರಿಸುವುದು ಉತ್ತಮ ಕಾರ್ಯ.
ಇದು ದೊಡ್ಡ ಮಟ್ಟದಲ್ಲಿ
ಮಾಡುತ್ತಿದ್ದ ಗೌರವದಲ್ಲಿ
ಸಂಕರಿಯವಿಲ್ಲ. ಕಿರಣ್ ರವರಿಗೆ
ಇನ್ನಷ್ಟು ವಿದ್ಯಾರ್ಥಿಗಳು ಹೊಸ
ಆಲೋಚನೆ ಗಳಿಸುವಂತೆ
ಹೊರಬರಬೇಕು. ಅಂತಹ-
ರಿಗೆ ನನ್ನ ಸಂಪೂರ್ಣ
ಬೆಂಬಲವಿರುತ್ತದೆ.
ಎಂದು ಕಿರಣ್ ರೈಡಿಯ
ಕಾರ್ಯಕ್ರಮವನ್ನು ಕ್ಷುಭ್-
ಸಿದರು. ಈ ಸಂದರ್ಭದಲ್ಲಿ ತಮ್ಮ

ವ್ಯಕ್ತಿ ಆರಂಭದ ದಿನಗಳನ್ನು
ಮೆಲುಕು ಹಾಕಿದ ಡಾ. ಆಲ್ವಾಸ್
"ನಾನೇನು ಬಂಗಾರದ
ಹವುಳಿ ಓದಿದುಕೊಂಡು
ಮುಟ್ಟುವೆನಲ್ಲ ವ್ಯಕ್ತಿಯನ್ನು
ಆರಂಭಿಸುವ ದಿನಗಳಲ್ಲಿ
ಸಾಕಷ್ಟು ಕಷ್ಟ ಪಟ್ಟಿದ್ದೇನೆ.
ಶ್ರೇಷ್ಠ, ಸಾಂಸ್ಕೃತಿಕ ಚಟುವಟಿ-
ಕೆಗಳಲ್ಲಿ ಸಕ್ರಿಯವಾಗಿದ್ದ
ನಾನು ಕಾಲೇಜು ದಿನಗಳಲ್ಲಿ
ಬ್ಯಾಂಕ್ ನಿಂದ ಸಾಲ ಪಡೆದು,
ಲಾಬಿ ಖರೀದಿಸಿ ಆದರಂದ
ವ್ಯಾಪಾರ ಆರಂಭಿಸಿದೆ. ಪದವಿ
ಮುಗಿಯುವ ಹೊತ್ತಿಗೆ ಓಂದು
ಬ್ಯಾಂಕ್ ನಿಂದ ಸಾಲ ಪಡೆದು
ಹೊರಬಂದಿದೆ" ಎಂದು
ನಿನ್ನೆ ಹೇಳಿದರು.
ಪ್ರಾಜೆಕ್ಟ್ ಲಾಂಚ್ ಸಂಕರ
ಮಾತನಾಡಿದ ಕಿರಣ್ ರೈಡ್
"ಆಲ್ವಾಸ್ ಕಾಲೇಜಿನಿಂದ
ನಾನು ಸಾಕಷ್ಟು ಕಲಿತಿದ್ದೇನೆ.
ನನ್ನ ಎಲ್ಲಾ ಚಿಂತನೆಗಳಿಗೆ
ಬೆನ್ನೆಲುಬಾಗಿ ನಿಂತವರು ನನ್ನ

ಪಾಲಕರು ಹಾಗೂ ಶಿಕ್ಷಕರು.
ಅವರಿಗೆ ನಾನು ಸದಾ
ಚರಿಯೆ" ಎಂದು ಹೇಳಿದರು.
ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಮಂಗಳೂ-
ರಿನ ವೆನ್ಸುಕ್ ಅಸ್ತವೈಯ
ಅಧ್ಯಕ್ಷೆ ಡಾ. ರಾಜೇಶ್ವರಿ
ಬಿ.ಬಿ, ಸಂಸ್ಥೆಯ ಪ್ರತಿಭೆಗಳಾದ
ಪುಷ್ಪಾಪ್ರಿಯಾ ರಾಜ್ ರೈಡ್,
ವಿವೇಕ್ ಆರ್. ವಾಣಿಪ್ಪ
ವಿಭಾಗದ ಡೀನ್ ಡಾ.
ಉಮೇಶ್ ರೈಡ್, ಪತ್ರಿಕೋದ್ಯಮ
ವಿಭಾಗದ ಮುಖ್ಯಸ್ಥೆ ಡಾ.
ಮೌಲ್ವಿ ವೇದವರಾಜ್
ಉಪಸ್ಥಿತರಿದ್ದರು.
ಆಲ್ವಾಸ್ ಸಂಸ್ಥೆಯ ಮುಖ್ಯಸ್ಥ
ಡಾ. ಮೋಹನ್ ಆರ್
ಓಂದು ಲಘು ಮೌಲ್ಯದ
"ವೆಸ್ಟ್ ಉತ್ಪನ್ನವನ್ನು ಖರೀದಿಸಿ
ಅದನ್ನು ಕಾಲೇಜು ಪ್ರದೇಶ-
ದಿಗಳಲ್ಲಿ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ
ಉಚಿತವಾಗಿ ಲಭ್ಯವಾಗುವಂತೆ
ಮಾಡಲಾಗುವುದು
ಎಂದು ಘೋಷಿಸಿದರು.

ಮಾರ್ವಭಾವಿ "ಲೇಕ್" ಸಮ್ಮೇಳನ

ಆರೋಗ್ಯವನ್ನು ಆಡಾಯವಾಗಿ ಕಾಣದಿರಿ- ಡಾ. ಟಿ. ವಿ. ರಾಮಚಂದ್ರ

ಮೂಡಬಿದಿರೆ:
"ಆರೋಗ್ಯವನ್ನು ಆಡಾಯವಿದ
ಮೂಲವಾಗಿ ಕಾಣುತ್ತಿರುವ
ನಮ್ಮ ಅಧಿಕಾರಿಗಳು
ಪ್ರತಿನಿಧಿಗಳಿಂದ ಭೂತಾಯಿ
ಕೋವಿಡ್, ನಿರಂತರವಾಗಿ
ಗುರಿಯಾಗುತ್ತಿದ್ದಾರೆ"
ಎಂದು ಬೆಂಗಳೂರಿನ
ಇ.ಪಿ.ಎಸ್. ಆರ್.ಪಿ.ಎ.ಇ.
ಎಸ್.ಎಂ. ಸಂಯೋಜ-
ಕ ಡಾ. ಟಿ.ವಿ.ರಾಮಚಂದ್ರ
ಅಭಿಪ್ರಾಯಪಟ್ಟರು. ಆಲ್ವಾಸ್
ಶಿಕ್ಷಣ ಪ್ರತಿಷ್ಠಾನದ ಬೆಂಗಳೂರಿನ
ಎನ್.ಕೆ.ಎಂ.ಪಿ. ಬೆಂಚ್‌ನಲ್ಲಿ
ಅಧಿಕಾರಿಗಳಿಗೆ ಸೆಂಟರ್
ಫಾರ್ ಇನ್ಫಾರ್ಮೇಷನ್
ಕಲ್ ಸೆಸ್ಟನ್, ಭಾರತೀಯ
ವಿದ್ಯಾಕೇಂದ್ರದ
ಸಹಯೋಗದಲ್ಲಿ ಶುಕ್ರವಾರ
ಆಲ್ವಾಸ್ ಕಾಲೇಜಿನಲ್ಲಿ
ಕುಮಾರು ಸುಧಾಂಗನವರಲ್ಲಿ
ಅಯೋಜಿಸಿದ್ದ ಮಾರ್ವಭಾವಿ
"ಲೇಕ್" ಸಮ್ಮೇಳನವನ್ನು
ಉದ್ಘಾಟಿಸಿ ಮಾತನಾಡಿದರು.



ಸಮಾಧಿ ಸಂರಕ್ಷಣೆಯ
ಕುರಿತಾದ ತಾಂತ್ರಿಕ
ಪರಿಶಯವನ್ನು ಬಿ.ಎಂ.ಡಿ.ಎಸ್.ಎಸ್.
ಮಾತನಾಡಿದ ಅವರು,
ಬೆಂಗಳೂರು, ಕೋಲಾರ,
ಚಿಕ್ಕಬಳ್ಳಾಪುರ ಕ್ಷೇತ್ರಗಳಲ್ಲಿ
ನಿರಂತರವಾಗಿ ಇದೆ ಎಂದು
ಬಿಂಬಿಸಲಾಗುತ್ತದೆ. ಹಾಗಾಗಿ
ಸೇವಾಪತಿ ನದಿ ತಿರುಮಿಗಿ
ಸರ್ಕಾರ ಯಜ್ಞಿಸುತ್ತಿದೆ. ಅದರ
ವಾರ್ಷಿಕ ಈ ಪ್ರದೇಶಗಳಲ್ಲಿ
೬.೫೦ ಮಿ.ಮಿ. ಗಿಂತ ಹೆಚ್ಚು
ಮಳೆಯಾಗುತ್ತದೆ. ಅದನ್ನು
ಮಳೆ ನೀರು ಕೊಯ್ತಿಸಿ
ಮೂಲದ ಸಮರ್ಥವಾಗಿ
ಬಳಸಿಕೊಂಡಲ್ಲಿ ಅಗತ್ಯವಿರುವ
ನೀರು ಲಭ್ಯವಾಗುತ್ತದೆ. ಈ

ಕುರಿತು ನಾನು ಅಧಿಕಾರ ಸೂತ್ರ
ಪರದಿಯನ್ನು ಸಿದ್ಧಪಡಿಸಿದ್ದೇನೆ.
ಇದನ್ನು ಯಾರಾದರೂ
ಪರಿಶೀಲಿಸಬಹುದು ಎಂದು
ಸವಾಲಿಸಿದರು.
ಬೆಂಗಳೂರಿನ ಸದ್ಯದ
ಸ್ಥಿತಿಗತಿಯ ಬಗ್ಗೆ ವಿಚಾರಿಸಿದ
ಅವರು, ಕೆಳದಿ ದಶಕಗಳಲ್ಲಾದ
ಯೋಜಿತವಾದ ಸಂಗೀತರಣಾ
ಕ್ರಮಗಳಿಂದ ಬೆಂಗಳೂರು
ಅಧಿಕಾರಿಗಳಿಗೆ ಪ್ರಮಾಣ
ಒಪ್ಪಿತರಾಗಿದೆ. ಈ ವರ್ಷಗಳಲ್ಲಿ
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೬೦ರಷ್ಟು ಬಲಮೂಲಕವಾಗಿ
ಅಳಿದು ಹೋಗಿದೆ ಎಂದು
ವಿಷಾದ ವ್ಯಕ್ತಪಡಿಸಿದರು.
ಸರ್ಕಾರ ಕೈಗೊಳ್ಳಬೇಕಾದ
ವಿಷಯಗಳನ್ನು ಯಾರಿಗೂ
ಪ್ರಯೋಜನವಾಗುವುದಿಲ್ಲ
ಬದಲಾಗಿ ಕರಾವಳಿ ಪ್ರದೇಶದ

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ನಡೆಯಿತು. ಉದ್ಘಾಟನಾ
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ಕಾಲೇಜಿನ ಪ್ರಾಧ್ಯಾಪಕರು ಡಾ.
ಕುಮಾರ್ ಉಪಸ್ಥಿತರಿದ್ದರು.
ಶ್ರೇಷ್ಠ: ಆಲ್ವಾಸ್ ನ್ಯೂಸ್

ALVAS MIRROR

PRACTICE JOURNAL OF DEPARTMENT OF JOURNALISM

VOLUME NO:05 ISSUE NO:09 4 SEPTEMBER,2017
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Thought of the day:

Take risk, in your life
If you, you can lead
If you, you can guide-

Swami Vivekananda

BRIEF NEWS

Activities of Rostrum starts off

Mijar : An interactive session was held by the speaker's club Rostrum on 29th August 2017, Tuesday at AIET campus. The talk was taken over by Dr Rajdeep Manwani, Jain University on the topic 'Emotional Engineering for Excellence'. Students who are the members of the club from all Alvas institution took part in it.

Trip to Mysore proves educative to students

Mysore : A study tour was conducted by the Department of English on 31st August 2017 to Mysore. The students of literature visited places like Mysore university, Rangayana theatre and Central Institute of Indian Languages. About 80 students along with 9 staff took part in the program.

Second internals to commence shortly

Vidyagiri : The second internals for the degree students is announced to be conducted on the 9th of September, 2017 to the 16th of September, 2017 by the staff and principal of Alva's Education Foundation.

MBA students visit Singapore

Singapore: The MBA students of Alva's Education Foundation went on a trip to Singapore as part of their study. They visited many places of historical importance which proved to be of great help to the students.

"The radio is a fun job" - RJ Kiran

Vidyagiri : The Department of Journalism conducted a guest lecture on Radio and its career opportunities for the undergraduate students of Journalism RJ Kiran in the PG seminar hall on the 29th of August, 2017. The session proved to be of great help and interest to the students which expanded their knowledge on the radio and its survival. Speaking on the occasion RJ Kiran said "working for the radio was a fun job". It blends together fame, name, entertainment and employment into one single form. The radio is that medium which is meant for the society, that keeps us aware of the things around them, that reaches out to the people living in the rural areas. In fact it is easily accessible, a personal medium, the common man's medium and a very interactive



RJ Kiran addressing the gathering.

PC: Pranaveshwar

medium which gives people the opportunity to speak out opinions and discuss on burning issues. Though it is losing its importance the radio still remains that source which is a 'one to one' medium. Addressing the gathering he also talked about the various job opportunities in the

radio, the people working for the radio and the various hidden aspects of the radio. The talk proved to be a great help to the students of Journalism. Mrs. Reshma, HOD, Department of Journalism, Ms. Swathi and the students were also present.

-Sonia Sali

Alva's bring glory and name

Vidyagiri : The Mangalore University Student Welfare conducted an intercollegiate literary competition for the various colleges under Mangalore University in the Rosario college Mangalore.

About 35 colleges under the Mangalore University participated in the literary fest. The undergraduate and post graduate students of Alva's Education Foundation won many awards in the various literary competitions. Ashwini Jain won first in the English debate competition, Ayaana and Raksha KP Shetty won in the English speech competition, Rahul M, Rakshachandra and Adarsh J secured second place. In Kannada section Fazil Ahemed secured third place.

-Asnifa

Unity in diversity - The greatest factor in India

India is a land of diversities and varied cultures and practices. People of India vary in culture, thoughts, beliefs, traditions, customs and practices but amidst all these differences people live untidily, celebrate jointly breaking out the boundaries of their living. India is indeed a land of unity in diversity, it is a land where lands merge up with lands to form one beautiful and glorious country to live in. It hides with itself many different practices that it hard for one to remember all that is practice. Be it Deepavali, Christmas or Ramadan people recognize it as the festival of their own brethren rather than a festival of another community. Though people fight in the name of religion we still

remain one huge happy family under the proud fluttering flag. From times immemorial people in India have lived together untidily amidst diversities and it is still. It is in fact the largest country in the world with the largest varieties of culture and practices. People unite themselves to celebrate, practice, and enjoy. India consist of people of different religion but on Christmas people gather round the Christmas tree, during Deepavali they burst crackers eat sweets and make merry and during Ramadan they share food and be part of the collective joy of their brethren. Religion, culture, or region does not matter to stay together untidily. It is the power of the mind the respect that peo-

ple give one another that hold humanity together under one flag and not any invisible cord. Fate, love, and trust among the people keep us together and when this is broken it leads to clashes hatred and bloodshed in the name of religion. People have lived through the ages even amidst clashes and bloodshed, they have lived in peacelessness and fear but every time that flutters and on every national day Indians still do come together, forgetting their hatred and clashes. Under the tri colour flag we are all one big, happy Indian family. People forget their religion, culture, region, traditions and beliefs under this mighty flag that touches the heart, that keeps us united in diversity. It holds people together. Tra-

ditions and culture hold us together in the web of Indian culture. It holds together people and culture in one string together. Unity in diversity holds Indians still together. That is the speciality of India and its people. We differ widely but stay together in one land.

- Krishnapriya

EDITORIAL TEAM



Editorial Team: Krishnapriya and Asnifa; Guidance: Mrs. Reshma

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Srilankan Sanskruthiya -2017

Vidyagiri, March 7: The atmosphere was thick with festive fervor. Laden decorations and lights brought out opulence gaiety. Euphoria of the crowd as it whistled and cheered throughout the show. Everything else was forgotten in the excitement of celebrating native soil tradition in a nonnative land.

Alva's Srilankan Day- 'Sanskruithiya-2017', organized by Alva's Education Foundation, on Tuesday, at Nudisiri Vedikhe created new vibe among the Srilankan countrymen and witnessed eyeballs. Srilankan students studying in various courses in AEF gave an opportunity to showcase the beauty of their motherland to create awareness among local students. The formal function kicked off with Kandyan royal welcome dance to the guest towards the dais. The stage



was decked up with Gokkola pahana (ceremonial oil lamp made up of coconut leaves), Polmal Kalasa (metal pot), Vesmuhunu (devil masks) and LED screen viewing typical Srilankan tradition. Students community of Srilankans wore sarong and saree to depict their true culture.

The cultural extravaganza started with pooja dance, which seeks blessings from goddess Saraswathi. Hansa wannama (Swan dance), Mani akkitha (revering lord Buddha), traditional dances including Udarata, Pahatarata, sabaragamuwa were showcased. Documentary of

Srilankan exhibited diverse multi cultural heritage of island country of South Asia. Tribal dance (tribals praising for rain god) Bharathanatyam, Dalada siritha (Lord Buddha), Dheevara (Fishermen dance) and instrumental music forms mesmerized the onlookers. Srilankan cultural students who are perceiving diploma courses are honored with certificates. Anurudha Fernando of third year Bsc MLT student who got 6th rank in Rajiv Gandhi University of Health Sciences, felicitated during the program. Sumptuous Srilankan delicacies like Karavalle, Ala curry, Polsambola, rice were served to the audiences.

Alva's Education Foundation Trustee Vivek Alva, Alva's college Principal Dr Kurian, student coordinator Ishan Dilruksha were present among others.

Media Buzz competitions

The annual fest organized by Journalism department, Media Buzz has change in theme this time - campaign - **March Towards Nature** that focuses awareness among youth and protecting nature through street play, poster display and slogan.

The competition was held across the 22 institutions of the Alva's Education Foundation, which includes various sections- School, High school, Degree, Engineering, Post Graduation, MBA, Homeopathy, Naturopathy, Yogic Science, Ayurvedic, Nursing, Special School. Activities were based according to their age.

The activities were started on 13th March and still it is going on. The activities conducted are collage making, memory games, poems and recitation, slogan writing, mime, quiz, extempore, speech, video juggling, best personality, photography, environment model, treasure hunt, paper presentation, cartoon dialogue box, product launch.

Every woman has a heart, identity and mind

Vidyagiri March 6: The psychology department of undergraduate studies harmonized a guest talk on the occasion of womens' day to celebrate, respect and honor the contribution of a woman in Kuvempu hall

This day has to be celebrated to remind ourselves that, "Every woman has a heart, identity and mind", asserted Dr. Sulatha, the guest of the day. In the eyes of God, there is no difference between men and women. The contribution of men must be encouraged. It is sad that the way a woman

Women's Day

must behave is defined by a man. The fact that women aren't allowed in certain places of worship is regrettable. The solution is to give equal freedom to both and providing a conducive environment for their bright futures' she added.

Mr. Chandrashekhar Mayya, HOD of the sociology department presided over the function. Mrs. Deepa Kothari, HOD of the psychology department and Ms. Josphita D'sa, lecturer in psychology were present.

College day celebrations

Vidyagiri, March 8: College is a chisel which has been cutting away at our life statue building up a professional out of an amateur. It is a milestone where there is creative expression of knowledge, where the originality of character remains intact with intelligence. This day is celebrated to dedicate to those marvelous treasures in this college said Prof. Susheela R. Rai, Principal of SMS College, Brahmavar.

She is speaking on the occasion of College Day Celebration who illuminated the audience about women's day and student life.

The principal of the college, Dr. Kurian presented the report of the academic year 2016-17.



21 UG rank holders, 28 PG rank holders, 6 cultural students and NCC cadets and 1 Chartered Accounting student were facilitated for their excellence and bringing laurels to our institution and were

honoured for their sincere efforts and brilliant academic performances.

The event was graced by the presence of the chairman of Alva's Education Foundation Dr. M Mohan Alva.

"When the world is silent, even one voice becomes powerful"
-Malala Yousufzai



THOUGHT OF THE DAY:

"The weak can never forgive.FORGIVENESS is the attribute of the strong."

-M. K. Gandhi

BRIEF NEWS

INTER-CLASS COMMERCE FEST

Vidyagiri: Inter class commerce fest 'AURA' was held in the commerce seminar hall of Alva's Degree College. Different competitions like , self- ie competition, product launch etc. were held for the students.

ORIENTATION IN ALVA'S COLLEGE

Moodbidri:Orientation for prevention of suicide was held in Alvas College. Students were enlightened on how to manage stress and prevent depression.

VIDEO PRODUCTION AND CREATIVE WRITING WORKSHOP

Vidyagiri:Creative writing, documentary and short film workshop by Mr. Sunil Hegde was held in the P.G. Seminar hall of Alva's Degree college. Some documentaries and short films were also screened for the students.

THE EDITORIAL TEAM



NATIONAL LEVEL WORKSHOP IN MIJAR



Dr. Shuichi Torii addressing the gathering

Mijar 28th September 2017: A day long Nation workshop on Nano fluids : Applications for heat transfer and energy system, was organised by the mechanical department of Alva's Institute of Engineering and Technology (AIET), Mijar.

Assistant Director and Professor, Graduate School of Science and Technology, Kumamoto University, Japan,

Dr. Shuichi Torii inaugurated the workshop. He called upon Young students to develop research attitude and scientific way of analyzing things.He said this workshop was a major step towards student exchange programme and R&D related activities between Kumamoto University and Alva's Institute of Engineering and Technology.he stressed on the need to know

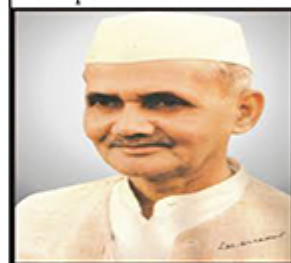
about various inventions happening in the field of Nano fluids. Speaking on the occasion, Alva's Education Foundation Trustee Vivek Alva sir said the workshop will be useful for students andresearchers as it will throw light on Nano fluids and its applications. Japanese Technology will be a great boon for Indian students, he added.

Pricipal, AIET, Dr. Peter Fernandes said that the field of Nano Technology offered abundant scope for research and development.H.O.D Prof. K.V. Suresh welcomed the dignitaries. Pro. Yogesh Rao compared the programme.Co-ordinator of the workshop, Dr. Satyanarayana proposed the vote of thanks.

-Alva's News Source

LAL BHADUR SHASTRI

He was born on 2nd October 1904 at Mughal Sarai, U.P. Hejoined the Indian Independence Movement in 1921.He became second Prime Minister of India after J. Nehru. He gave the slogan "Jai Jawan Jai Kisaan". He was the first person to be awarded the Bharat Ratna. A memorial 'Vijay Ghat' was built for him in Delhi. Shastri was known for his honesty and humanity throughout his life He was truly a great man who gave less importance to himself.



THE SPICE OF HAPPINESS -Sonia S.

A sound mind is a sound body.Indeed a sound mind creates a sound body.A healthy body wouldn't create a healthy mind but a healthy mind would create a healthy self.Therefore a healthy mind is very essential and it is upto us to create a healthy mind in a weak ,frail or a mighty ,huge body.

The mind is that place in the body which controls and coordinates the activities of the self and keeps a man happy to the core and leaves him depressed to the pit.The mind has to be cheered up ,it has to be engaged like keeping company with the old to keep them cheered up.The mind is an important part of the human body that regulates,guides and leads man.It is indeed a 'Human' within a human.

Mental health is in fact as important as a fit and healthy body.The term mental health refers to being perfectly alright in the mind and fresh.It has to be imposed on all people irrespective of region,work standard or any other factor for a healthy mind creates a happy and safe

atmosphere for the individual as well as the community as a whole.

However people in the society should know how to control their emotions and how to express it to their fellow humans in the right way .It is the duty of every person to take care of people going through factors like depression,confusion and sorrows by talking to them so they don't find valuable time in sinking down with their thoughts,making them laugh so they are lifted up from their worthless worries and remind them of childhood days and many happy moments that would make them feel that life is not all about sorrows and pains,it is also about being happy and joyous.As for the depressed speaking out their minds to a loved and trusted one would help to a great extent.Speaking out your problems is more like throwing out your burden into the vast sea. Therefore on the occasion of World Mental Health Day(October 10) we should vow to create mental healthiness,joy and peace in the society we live,the country and the world as well.

MUSIC THE OINMENT TO THE SOUL -Justin S.



Music is the art that is concerned with a combination of vocal or instrumental sound for beauty of form or emotional expression.Music is an art that in one way or the other penetrates into every human society.It is something that is inevitable in this world .It is used for different aspects like worship of gods,celebrations,-co-ordination of movement, communication and entertainment.

Every culture,religion or region has its own style and presentation of music .Each style has its own uniqueness and beauty.These styles possess within themselves the capability of uniting souls, exciting people, lifting the self from the worst mood and turning sorrows into pain.Music has power,it has power to unite,heal and create beauty and love.

Music is indeed a part of life that occurs knowingly or unknowingly.No person on this earth can confess to himself that music is never a part of his life.You sit idly in a corner and automatically you begin to hum a tune,you happen to listen to a beautiful melody and unknowingly you begin tapping your feet.Indeed music has an unknown strand that ties people and cords of music together.It is yet another form of joy that makes you smile and thrills your soul.

People have relied on music in one way or the other from times immemorial.Music has always been a part in the lives of human beings that has held them together and that has torn them apart as Valdimir Lenin has rightly said that music has the power to build societies and also destroy them. Therefore music has to be relished and enjoyed. Whatever and however it is played, music will never lose its place in the hearts of men and women.It rejuvenates,revives and restores the spirits of people,thus making it an important ointment to the soul.



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Thought:

For good nature and education
implant good constitution
-Plato

Brief news

Alva's hosts National Championship

Vidyagiri: The 70th men and 33rd women national level weightlifting championship is being held at Alva's degree college, Vidyagiri. The programme commenced on 21 Jan 2018.

Media Buzz on the way

Vidyagiri: The state level one day fest, media buzz is announced to be held on 16 February 2018. The theme of the fest is 'March towards nature'. It is open for all the PG and UG students of the state. It aims at updating the students of journalism with various aspects

Effects of Radiation on Life

Vidyagiri: The department of Zoology conducted a guest talk on the Effects of radiation on life on the 17th of January, 2018.

Editorial Team



Alva's College emerge overall team champions in inter-collegiate meet



Alva's team with the trophy

Vidyagiri: Alva's college, Moodbidri bagged overall team championship in 37th Mangalore university inter collegiate athletics meet for men and women. Ilakiyadasan of Alva's and Sneha of SDM college, Ujire were adjudged the best male and female athlete respectively in two-day meet organised by Dr P

Dayananda first grade college, car street and that concluded at Mangala Stadium on Friday. While Alva's college finished winner in the men's section, Dr NMAMIT College, NITTE finished runners-up. On the distaff side, Alva's college again finished winner with SDM College, Ujire finished runners-up. In all

Dr M .Mohan Alva honoured with 'Sidha Shree' award

Bagalakkotte : Chairman of Alva's education foundation Dr M. Mohan Alva renowned personality was awarded with sidha shree award on 18 Jan 2018 during chhalana chitro-

sava and sangeetosava program held at sidanakolla. He have given a speech where he told , we are getting all facilities for our education but gurukula teaching is only

11 meet records were set in championship, including six in the men's section. The host college picked up the overall championship for the government first grade colleges introduced for the first time in the history of the event.

A total of 68 colleges involving more than 950 student-athletes took part in the meet that also saw 210 differently abled students from six special schools for the differently abled participate. Mohammad Nazeer, Commissioner, Mangalore City Corporation, chief guest at the valedictory function distributed prizes. Kishore Kumar c k, director, dept of physical education, Mangalore University, Rajashekar Hebbar, principal of Host College were present.

Source:Alva's news

that imparts student with a good culture A teacher performs greatest role in social reformation , the teacher is the only one who can correct miss guided society and is the person who can give advices to built a good society .

Anjali.k Arunima k.v

Giving out to the society



Marodi:The department of Humanities conducted a water conservation programme in Marodi on the 20th of January, 2018. It was carried out by the students of Humanities and National Service Scheme. Around seventy students actively took part in the construction of the check dam. About hundred sacks of sand were used in the construction. Moreover this is the twentieth construction of check dam. Every year this activity is carried out by the students and lecturers of Humanity to help the society and the rural people. Moreover a similar construction of check dam was conducted on the 13th of January, 2018 in Mijar. About two hundred sacks of mud were stacked on the river bed to stay the water and thereby prevent the flowing of water . This was indeed a great experience for the students .The activity taught the students on how to help the society and lend a helping hand to the people around. Their act of constructing the check dam brought great happiness to the people of the village. Apart from the students of Humanities, the students of the National Service Scheme, Mr Gurudev, co-ordinator of the NSS forum, Mrs Sandhya, Dean of the Humanities Department, Mr Sanmathi, Mr Ashok D'Souza and Mrs Divya were present.

-Sonia

A two day workshop on photography

Moodbidri: The department of mass communication and journalism Alva's college has organized two days photography on 18 and 19 January 2018. The workshop was organized at Kodyadka temple near Moodbidri. The workshop was headed by Sudhakar Jain photo journalist, The Hindu, Bengaluru. The two day workshop was a mixture of both theory and practical sessions. On the first day Sudhakar Jain elaborated on the subject behind the

workshop and why photography skills are vital in the present scenario. He shared his experience about the selection of photographs for news and how good photographs can catch the eyes of readers. On the second day he conducted practical sessions by allowing students to photograph on their own and later he analyzed each photograph. His session proved that a good photo is enough to explain the whole story without words or with less words.

The session proved to be great help to the students of Journalism. It was indeed a great session . The workshop was concluded successfully with the presence of the head of the department Dr. Moulya Jeevanram and Assistant Professors Mrs. Devishree Shetty and Miss Shree Gauri Joshi.

Mr Prasad shetty

THOUGHT FOR THE WEEK

Yesterday I was clever so I wanted to change the world, today I am wise so I am changing myself.

-Maulana-

Jalaluddin Rumi

BRIEF NEWS :

KVPY RESULTS ANNOUNCED

Aptitude test results for Kishore Vaigyanik Protsahan Yojana (KVPY) 2017 has been declared. The examination was held on 5 and 19 November 2017. The scheme, run by Indian Institute of Science (IISc) started in the year 1999 by the Department of Science and Technology (DST), Government of India.

ANNOUNCEMENT OF DEGREE RESULTS

The Degree results for the third semester was announced on the 27th of December, 2017. The results of BA, BSc, B-CA, BBM, BA(HRD), B.COM(-General) has been announced. Nevertheless the results of the B.COM Tax and CA was announced on 29th. The results brought much glory, honour to the name of Alva's Education Foundation.

EDITORIAL TEAM



COUNTDOWN STARTS FOR ALVAS VIRASAT

The 24th edition is expected to be bigger than ever

Alva's Virasat 2017, a cultural extravaganza organised by the Alva's Education Foundation, Moodbidri, is to begin. Eminent personalities from all over India are to attend the grand occasion that witnesses more than 70,000 people from all over the country. The event takes place in the Smt. Vanajakshi K. Shripathi Bhat vedike, an open air auditorium in Vivekananda Nagara, Puthige.

The three day fest is graced with the musical traditions of India, art, culture and various other melodies. Huge crowds from all over the place from the neighbourhood to the far corners of the country travel here to be a part of the celebration of rich culture and to witness the glory of Virasat which will be graced with all colours, lightings, hangings and other artifacts. The event is indeed a feast for the eyes. Virasat is a cultural extravaganza spread across 2-3 days having a history of 23

years. Virasat is a vivid display of talents by Classical and Folk artists both from the country and abroad. The objective is to familiarize these programmes to the local art lovers by making them view and appreciate the arts displayed. Inculcating and improving the aesthetic taste of the audience is one more rationale behind this. Prominent names like Ms. Sonal Mansingh, Ustad Zakir Hussain, S.P. Bala Subramanyam, Kadri Gopalanathan, Dr. Balamuralikrishna, Dr. K.J. Yesudas, Pt. Ajay Chakraborty, Padmabhushan Dr. Padma Subramnyam have performed here and have been awarded the prestigious Alva's Virasat Award. More than 70,000 audiences, both domestic and foreign who come exclusively to watch this programme live on daily basis and more than 20 lakhs audience watch on television. The programme can also be watched live in through the official Alva's Virasat



The Virasat gathering of 2017.

website. Apart from the people from all over the country other important journalists from various media in and around the state and country and to be part of this extravagant celebration of culture. The three day fest will power packed with a feast for the eye display of various traditional art forms from all over the country like Yakshagana, Kathakali, Manipuri dance, Mohiniyat-

tam, Bharatanatyam, Kathak, Dandia, Gharba, Stick dance, Carnatic music along with fun packed performance by well known artists. Over the years Alva's Virasat has been an event worth watching by people all over the country. It's worth, glory and importance has been recognized by the people and the same is expected in this year as well.

-Thanzil Nihmath

A NEW YEAR AHEAD THE WORLD

A year gone by in a flash and here we are at the threshold of a new year. An year of confusion, strife, joy, peace, fun, frolic passed away before the eyes and the way is paved for new decisions, resolutions and a new life. Year after year people pass by, occasions take place, we meet new people, lose people, live through happy moments and go through tough situations. But every year it is just the same old story of meeting, losing and living all by fun and sorrows. A new year is beginning and

it is upto people to make up new decisions, be a good being and prove to be of use to the world around. As long as we live on the earth every year has to be unique, useful to kith and kin, and our presence of great value and importance.

The new year should begin with new vows and mental preparations for a happy and prosperous days ahead. New oaths would make us new beings for the year before us. It would prepare us for new life. New year is a time when the world around prepares it



self for a night full of dancing, drinking and partying but the reality in the commencement of a new year is about changing yourself and preparing yourself for new challenges. It must involve within itself vows to be a better human being filled with gratitude, sympathy, empa-

thy, love, long sufferingness and other attitudes that make up a perfect human being. The year 2018 should not be like any other year. It should include an altogether different pace of goodness, love, joy and peace.

-Abhimithra Nair



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Thought of day

Reading is to the mind what exercise is to the body

-JOSEPH ADDISON

BRIEF NEWS

Annual exam: Alva's Ayurveda Medical Collage gets 100% result

Moobidri: The students of the batch 2014-15 of Alva's Ayurveda Medical Collage secured 100% result on the annual exam 2017-18 conducted by the Rajiv Gandhi of health science

Alva's student bags bronze medal in all India Inter University Athletics

Moobidri: Harshith S from Alva's Engineering Collage who represented Vishveshwaraiah Technological University in All India Inter University Athletics bags bronze medal.

Editorial Team



NATIONAL LEVEL ROVER RANGERS CAMP 2018

On account of birth centenary celebration of Sri UP Deenadayalu Naidu Former National Commissioner 100 years of Rovering the Bharath scouts and guides India celebrated the National level Rovers and Rangers moot at Aloysius higher Primary School Manglore from 28/12/17 to 1/1/2018 . The program was inaugurated by the Forest Minister Ramanath Rai with the presence of MLA J.R Labo, University register office Prakash , the District commissioner N.G .Mohan, Irin D. Cumha and other . The moot had participants from all over 18 states from India , about 780 participants several activities were conducted from the par-



icipants .Coastal Trekking to Thanirubhari Beach, knowledge hub , messenger of peace class, surf smart classes ,Disaster Management Commerce , Hiking to Pilikula forest. Every evening there were different traditional cultural activities like folk festival, ethnic fashion show and a grand camp fire .Different states showed their own traditions. On 31-12-17 the closing Ceremony of the moot was held with the presence of UT Kadhar the Health Minister of the

Karantaka. The State Chief Commissioner P.GR Sindhia, The National Director Krishna Swami and the District Officer on 1-1-2018 at 12 am the grand new celebration was lightning the candles morning the participants was taken to route march on Manglore city. Then the 100 years Rovering was inaugurated by The National Director Krishna Swami The National Level moot was closed by The National Anthem .

-Chetan Murthy

TERRORISM IN INDIA

Terrorism has emerged as a major threat to the unity and integrity of India. The master minds of terror seek to achieved their objectives by creating an atmosphere of year with a view to destabilize India. The major regions affected by terrorist activities in India include Jammu and Kashmir, east-central and south central India (Naxalism) and the seven sisters (north-east). Terrorism means the unlawful use of violence intended to create terror for achieving a religions, economic, ideological or political goal in deliberate disregard of the safety of victims. According to a report issued by the global terror index 2014, India was ranked among the top ten countries greatly affected by terrorism activities.

Terrorist activities have extremely adverse implications for any country, India being no exception. Terrorism poses a deadly threat to the unity and integrity of the nation. The society, media and political parties must take it a cohesive and united spirit, we have to show to the world that we are not a soft state in dealing with any terrorist on our soil.

- Dinesh Kh

BIO RANGOLLI COMPETITION OF 2018



Alva's collage Moobidri Dept. of Bio chemistry has organized a Bio Rangalli competition on 2nd jan 2018. Many students of MBB batch of I, II and III year have participated in this competi-

tion. Miss Usha.B H.O.D of Bio Chemistry have organized this competition to explore the skills of students. Miss Chandra Kala dept. of Zoology, Alva's Collage Moobidri was the chief gust and

Miss Divya Balika dept. of Chemistry Alva's Collage, Miss Attiya dept. of Micro Biology Alva's Collage were the other 2 chief gust of this competition. Many teams have been participated in this competition. Team 5 of MBB secured the first place and team 1 and 2 got second prize and 1st year MBB students got 3rd prize all students have actively participated in this competition and made it a success.

- Deepak Sh



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Thought Of The Day

Be less curious about people ,but more curious about ideas.
-Marie Curie

BRIEF NEWS

ALVA'S GIRL BRING GLORY

Moodbidre: The wrestling training centre the Lucknow Mamatha Keloji a student of Alva's was selected by the centre for World Wrestling Championship.

P. Sainath visits Udupi

Udupi: A talk on the development of rural areas by the famous journalist P.Sainath was conducted by PARI-people archive of rural India on August 20th 2017 in Town Hall Udupi.

COLOURS OF FREEDOM SOAR HIGH AT ALVA'S COLLEGE

It was a visual treat as thousands of students of Alva's institution in moodbidri near here converged at Puttige to celebrate India's 71st Independence Day on August 15. Patriotism in the heart of all students. Patriotic fervour pervaded the atmosphere as students decorated in colour of the National Flag, lined up at venue with miniature flags in hand. Addressing the gathering Vinay Hegde said "Truth and honest will never lose their value". They are priceless truth always triumphs. If there is one value that students should inculcate and follow in their lives, it is truth our country is div-



ing and equal to our mother. Every person in this country has equal rights. "students, once they settle in life, should give backs to the society and to the country in equal measure. Education is a goal that one achieves in life through persistent hard work. If education is good then it is possible to develop our society. The ideals than won us

freedom from the British should be followed and spirit also passed to future generation he added. Nandini K.R. a former student of the institution who secured the first rank in UPSC was felicitated on occasion. In her address she said "we are able to celebrate Independent Day with such grandeur because of the long and hard

struggle of our freedom fighter no matter what we achieve in life, we have a duty to pay back society and should read a poem by Rabindranath Tagore.

Former MCA Amarnath Shetty, head of Alva's engineering collage Vivek Alva were also present as chief guest. PUC science topper V.Spandana-CA-CPT top rank holder Tavishi Deshamma were also felicitated.

Around 30,000 people including around 25,000 students of Alva's institution took part in celebration. A stunning display of gymnastics skills enthralled the gatherings.

-Saneya Mehaboob

GROWTH OF TRADITIONAL LANGUAGE

Vidyagiri: The Alva's centre for Tulu cultural activity conducted a lecture followed by inauguration of Tulu yearly activity in Kuvempu Hall on 19th august 2017. The presence of host Dr.Taltaje Vasanthkumar brought more glory for the program he said "Knowing the past would

expand our knowledge". and he also said that it make the more aware of a world .The realization of past would help us to survive in the present growing world.Dr.Kurian present as President of the program he said "Tulu is mother of all languages in Dakshina Kannada. Lectures of Kannada other dignatories and Students of Kannada and Tulu forum also present on this occasion.

-Deepak Sagolshem

ON THE JOURNEY AND DEVELOPMENT OF NOVELS

Vidyagiri: The department of English conducted a guest lecture on the approach to novels, here in the Kuvempu hall on the 17th of April, 2017. The lecture on the approach to novels proved to be a great help to his students of English literature. "Glisten", the English literary club was formally inaugurated by Madhav Bhat, retired professor Vivekananda college, Puttur, President, Dr. Kurien and other dignitaries. Speaking after inaugurated the club Mr Madhav Bhat ventured down the journey of the novel

from times immemorial. Reading a novel was considered very inferior in the beginning of its day. Novelists did not have any reputation in the society for there work of creative. Infact by the 1770s reading a novel began to be a fashion. It become a gateway to pleasure and gave scope to sentiments. Quoting Hegel he said the novel is more powerful than the poem he said. Further on he spoke about the different techniques and methods that are employed in novel writing which primely including first person narrative

and the omniscient narrative, the different types of novel, pros romance and documentary novels. Speaking about satirical novel he said all novelists are satirists in one or other way. A satirists is a moral teller and a clown as well. He uses his humour to criticize the blind practices of the society he said. Dr kurien, Mrs Sandhya, Mr Machendra, Mr Bhaskar, President of the club, student and other member were also present.

- Sonia Sali

Editorial Team



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Thought of the day

Art is the lie that enables us to realise the truth
-Pablo Picasso

BRIEF NEWS

Call for the nutrition for women

Vidyagiri: The department of food ,nutrition and dietetics organised 'Nutri Expo' ,an exhibition on nutrition for women on account of National nutrition week on 5th of September 2017 in the Nutrition lab.

Shaping of young minds

Vidyagiri: A training session by various companies was conducted for the BBA students to enhance various life and leadership skills on the 2nd of September ,2017 here in the Alva's degree college.

Exams to commence shortly

Vidyagiri: The final lab examinations of the Bsc students in Alva's degree college are to be conducted . Their last working day is announced to be on the 23rd of September, 2017 .

The culinary competition

Vidyagiri: The B.com students of Alva's Degree College had a Food Competition on the 4th of September 2017. Variety of food was prepared. Churmuri , juice, sandwich and a variety of other delicacies were presented for the programme. The programme proved to be a very unique and interesting one with variety of food to the staff and faculty of Alva's Education Foundation.

Up Coming Fest at Alvas College

Vidyagiri: Alva's Education Foundation is celebrating 17th year of Kannada Nadi Nudi Samskruthiya Rashtriya Sammelana. AlvasNudisiri 2017 which is going to be held from 1st December to 3rd December 2017. The Chairman of Alvas Education Foundation,Dr. Mohan Alva announced that the programme would start on the morning of 1st December,2017 and conclude on the 3rd of December,2017. Discussions on conference activities were held and will be



The Alva's Nudisiri logo.

given the final touch as soon as possible. This conference is to be conducted meaningfully attractively. Interested people can become the member of this programme by paying

₹100 and free entry for students. For the success of this programme preparations are going on. People in love with Karnataka state culture, land, tradition, language are requested to participate in this event and make AlvasNudisiri a grand success which has been a grand success in the past years. For more information log into, nudisiri@alvas.org or 08258-261229. Public interconnector Dr.PadmanabanShenoy was also present for the press meet.

-Dinesh Singh

National level Athletics in Moodbidri

Moodbidri: Athletics Championship was inaugurated in SwarajMaidan held by Karnataka Athletics Association in collaboration with AEF. Ex-sports minister of Moodabidre K. Abhayachanda Jain inaugurated the Championship for the development of sports state government of Karnataka made many schemes and also AEF has given many international players to the world, creating a revolution in the field of sports. Mr. K. Amarnath Shetty, Former minister of Karnataka government, Mr. Vinod Seraha, Vice president of Moodabidri municipal, Dr. M. Mohan Alva, Chairman of AEF, Mr.ChandrashekarRai, secre-



The dignitaries at the National level athletics meet at Swaraj Maidan in Moodbidri.

tary of Karnataka state athletics association were present. In the sports event girls and boys with age limit of 14,16,18 and 20 and in male and female categories different events were conducted. People from

various district sports club, sports schools, M.I.G Air force Bangalore and also forest departmental teams participated in the event.

-Dinesh Singh

The lamp that leads the path

Teacher's day is one of the most auspicious moments in the life of a teacher and that of a student as well.September 5th of every year is that day when we have to set apart a day for our teachers and show gratitude and love.Besides we should always remember our teachers and be grateful to them for the abundant knowledge that they impart with us.A teacher is a guiding lamp in the life of every student in the world .He finds joy in the success of his

pupils,shame in the failure of his students and deep agony in their sorrows.A teacher falls next inline after parents.He guides,leads,corrects and brings life in to the lives of the young minds. But as time passes by the value and respect a teacher deserves declines with the increase in age.

In the initial years in the life of a child Teacher's Day turns out to be very ceremonial and

festive.But as time passes by students do not feel the need to show gratitude to the teachers who guide them.But after all a student remains a student to a teacher.He always remains the guiding lamp and a hand that corrects and advices. It is the duty of every student in the world to remember his teacher and owe to him all his success and glory. "A teacher is like a beam of light in the tunnel of darkness."

- Sonia Sali

Eradicating suicide

Suicide is a serious public problem that affects people of all ages. Deaths from suicide are only part of the problem. Some suicide problems are depression or other mental illness. Many people attempt to suicide because of drug abuse and alcohol. Protective factors buffer individuals from suicidal taunt and behaviour. Many people are uncomfortable with the topic of suicide and they rarely communicate openly about suicide. The majority of suicides in India are by those below the age of 30 years. Most people commit suicide due to mental problems.They either poison themselves, hang themselves or use any other methods. It is a personal and an individual act. Divorce, dowry, love affairs, arrange marriages and external affairs are such relating to the issue of suicide in case of women in India. 90% of suicide note has mental disorders. In India, the high rate of suicide among youth adults can be associated with greater. Thus, suicide is a major problem which demands urgent action .It is something that has to be stopped and fought for

-Divya

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