

Annual report of Mind View Forum for the year 2015-16

Mind View Forum aims at developing a sense of self awareness and better understanding of the surrounding. The year 2015-16 has been an actively performing year for the forum. Following major programmes were conducted in the year as to give maximum exposure to the forum students

- Assessment of Personality using Eysenck Personality Inventory
- Programme on Anger Management by Ms. Pravallika B, Dept. of psychology PG
- Memory Techniques
- Assessment of Emotional Intelligence using Emotional Intelligence Scale
- Movie screening and Analysis
- Demonstration of Learning Experiments
- Guest talk on the topic Attitude Formation
- Guest talk on Sleep and dream
- Guest talk on Psychological Disorders