# "NUTRIWEB"

DATE 01-02-2021 PLACE - 2nd Msc CLASSROOM

EVENT ADDRESSED BY:
DR. ARCHANA PRABHAT

Head of Dept PG studies in Food Science and Nutrition.

WELCOME SPEECH- SWATHIS EVENT INAUGRATED BY-VOTE OF THANKS- DIVYASK DR. ARCHANA PRABHAT

THE EVENT WAS INAUGURATED BY OUR BELOVED HOD.
THE EVENT AND IT'S AIM WAS BRIEFED BY PALLAVI, 2ND
YEAR STUDENT.

STUDENTS OF 2ND MSC CONDUCTED RIDDLES FOR JUNIORS.

PRESIDENT FOR ASSOCIATION ACTIVITY FROM 2ND YEAR MSC- PALLAVI

SECRETORY FOR ASSOCIATION ACTIVITY FROM 2ND YEAR MSC - PRATEEKSHA KOLPE

PRESIDENT FOR ASSOCIATION ACTIVITY FROM 1ST YEAR MSC- SWATHI

SECRETORY FOR ASSOCIATION ACTIVITY FROM 1ST YEAR MSC - DIVYA S K

#### REPORT

IT WAS A GOOD INITIATIVE TAKEN BY THE DEPARTMENT FOR BRINGING UP SUCH AN IDEA, WHERE ALL THE STUDENTS ACTIVELY PARTICIPATED, INTERACTED AND CREATED LEARNING ENVIRONMENT MORE LIVELY.







# " DEBATE: PROCESSED AND UNPROCESSED FOODS. "

DATE- 03/02/2021

PLACE- 1ST YEAR MSC CLASSROOM

#### **REPORT**

The students groups were made for the topic and against the topic. Group 1 debated for processed foods and Group 2 debated for Unprocessed foods.

Group 1 mentioned the importance of processed foods in this contemporary world and group 2 spoke about how unprocessed food is important in one's life.

The event was highly informative and interactive. Everyone participated actively and enjoyed talking about the topic.





# "PICK AND SPEAK"

DATE - 10-02-2021

PLACE- 1ST YEAR MSC CLASSROOM

The activity was conducted by 1st year MSc students. Students were divided into 7 groups. Fruits and other topics were given to choose by each group to speak.

Group 1 organised and monitored the whole activity.

Other groups and their topics:-

Group 2- Cherimoya (Custard apple)

Group 3- Aloe Vera

Group 4- Durian

Group 5- Passion fruit

Group 6-Dragon fruit

Group 7 - Apple

#### **REPORT**

The topics for this activity were given priorly, so students had mere idea about the topics, since some topics were known by different names and few were not indigenous also. These topics were browsed and learnt before presenting to everyone.



## ALUMNI ASSOCIATION ACTIVITY

ORGANIZER: -

PLACE: - 20-12-2021

DR. ARCHANA PRABHAT

TIME: - 9:30-10:30 am

HOD. MSc Food Science and Nutrition.

DATE: - 20-12-2021

THE EVENT WAS ADDRESSED BY :-

MS POOJA VERMA

#### **ABOUT THE EVENT**

Resource person spoke about her journey in alvas college in the department of food science and nutrition and her recruitment to healthify me through a placement drive "Pragathi" organised by Alvas education foundation. She addressed her successive journey in Healthify Me which led her to grasp greater opportunities in her career. She explained about the role she plays in her current job where she is a manager and chief dietitian in progen weight management company.

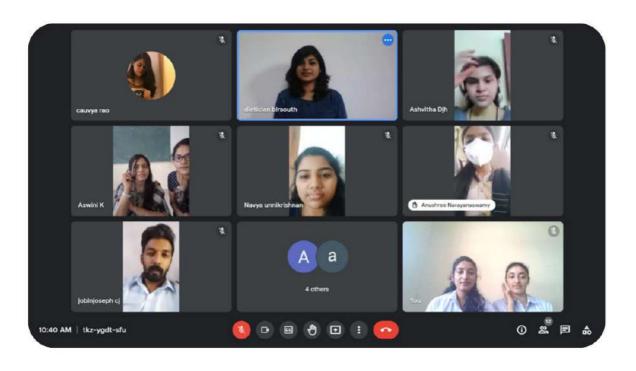
At the end of the session the guest of honour spoke about the career opportunities and options related to nutrition and fitness.

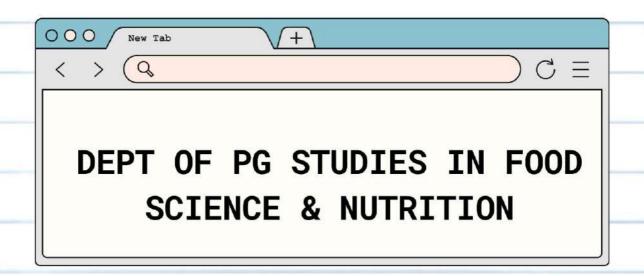
#### CONCLUSION

It was indeed a great experience to learn and get inspired by an alumnus. It was a privilege to be part of such an insightful event. It enlightened us and motivated us to perceive our goals and also, we were acknowledged to learn about the various opportunities and jobs after completing food science and nutrition course.

#### SUBMITTED BY

#### SHIVANI SHETTY AND GLENITA MANEZES





Orientation programme was conducted on 15 th December. Our beloved HOD Dr. Archana Prabhat gave a detailed view on Alva's college and our department. She explained about the rules and regulations that we should follow and gave a brief introduction about the extra curricular activities, extension activities and nutrition education programme. She also explained about the vision and mission of this college and introduced our beloved chairman to all of us. This informative session made us to get familiarised with the college and class and also we got to know about the scope and job opportunities of food science and nutrition course.