



Dr. Archana Prabhat
Coordinator
Professor and Head,
Department of PG studies in Food Science and Nutrition,
Alva's College, Moodbidri-574227
Phone: +919986665759
Email: drarchanaprabhat@gmail.com

Recipient of

- **IAPEN India Quality State award (2023) – Excellence in Nutrition Academics.**
- **IAPEN India Quality National award (2021) – Excellence in Nutrition Research**
- **Academic Best Department Award for its outstanding performance for the year 2019-20.**
- **Best Body confident Mom – Womangalore 2019 organised by TCIS Cambridge school, Mangalore**
- **Best Women Faculty Award (from Nature Science Foundation, Coimbatore) for the year 2019.**

Active member of

- **Indian Dietetic Association (Bangalore chapter) No. IDA/02262**
- **Nutrition Society of India (Hyderabad)**
- **Indian Association of Parental and Enteral Nutrition (IAPEN) LM-2021-262**
- **Former member of Food Committee and Child Welfare Department, Mangalore**

Job Profile

- **Doctorate from University of Mysore, and completed basic research training from University of Mysore.**
- **Over 2 decades of teaching and project supervision experience.**
- **Pioneer of B.Sc. and M.Sc. programs in Food Science and Nutrition at the Mangalore University.**
- **Served as Head of Undergraduate department from 2001-14**
- **Served as Chairperson/ Member of Board of Studies and Examination at Mangalore University ,Autonomous and deemed institutions.**
- **Instrumental in framing syllabus for all courses of Food and Nutrition programs (Mangalore University/ autonomous institutions)**
- **Consultant Nutritionist and key opinion leader - Amway Global Services India Private Limited**
- **Secretary of IAPEN India – Indian Association for Parenteral and Enteral Nutrition -Mangaluru chapter**
- **Reviewed research papers**
- **Guided more than 90 M. Sc students for their project work.**

Achievements

PUBLICATION AND PRESENTATION

- **Household Food Distribution and Family Food & Nutrition Security and**
- **A Text book of Public Health Nutrition**
- **Presented more than 35 papers at conferences held at National and International level. And 2 of the papers have been awarded as the best papers.**
- **28 publications in reputed journals at National and International level**
- **Chief Editor of the departmental Newsletter – Nutrilicious**
- **Columnist for Karnataka Jain Pathrike (Kannada Newsletter).**
- **In collaboration with Amway , App Incorporated recipe book was published -2024**

CONVENER

- **Various workshops and Regional/National seminars/ Webinars, International and National conference organized by the departments.**
- **Involved actively in community outreach (Extension activities) programme on Nutrition and Health.**
- **Conducted several Nutrition Awareness Programs (as resource person) and Diet Camps at various Anganawadi centres, Health Institutions, and Ladies' Clubs.**