



**Dr. Archana Prabhat**  
**Coordinator and Head,**  
**Department of PG studies in Food Science and Nutrition,**  
**Alva's College, Moodbidri-574227**  
**Phone: +919986665759**  
**Email: drarchanaprabhat@gmail.com**

## Job Profile

- **Doctorate from University of Mysore, and completed basic research training from University of Mysore.**
- **Over 2 decades of teaching and project supervision experience.**
- **Pioneer of Under and Post graduate programs in Food Science and Nutrition at the Mangalore University.**
- **Served as Head of Undergraduate department from 2001-14**
- **Served as Chairperson/ Member of Board of Studies and Examination at Mangalore University .**
- **Member of BOS & BOE , Academic advisor for St. Aloysius College, Deemed to be university.**
- **Member of Karnataka State Allied & Health Care council**
- **Secretary of IAPEN India -Mangaluru chapter**
- **Reviewed research papers**
- **Guided more than 100 M. Sc students for their project work.**

## Achievements

### PUBLICATION AND PRESENTATION

- **Over 31 publications in Reputed journals**
- **Authored Books**
  - **Household Food Distribution and Family Food Security**
  - **Text book of Public Health Nutrition**
  - **Millets - a Miracle grain**
  - **Chapter- Factors influencing Food Security in Food and Nutritional security : An Indian perspective**
- **Chief Editor of the Departmental Newsletter – Nutrilicious**
- **Columnist for Karnataka Jain Pathrike (Kannada Newsletter).**
- **Presented more than 37 papers at conferences & 4 of the papers have been awarded as the best papers.**

### CONVENER

- **Workshops, Seminars, Symposium ,Webinars and International conference organized by the departments.**
- **Involved actively in community outreach (Extension activities) programme on Nutrition and Health.**
- **Delivered Guest talks**
- **Conducted several Nutrition Awareness Programs and Diet Camps at various Anganawadi centres, Health Institutions, and Ladies' Clubs.**

## Recipient of

- **RND Sadana Award 2026**
- **IAPEN India Quality Award @ District level (2024)**
- **IAPEN India Quality Award @ State level (2023)**

### Category-Excellence in Nutrition Academics

- **IAPEN India Quality Award @ National level (2021)**

### Category-Excellence in Nutrition Research

- **Academic Best Department Award for its outstanding performance for the year 2019-20.**
- **Best Body confident Mom – Womangalore 2019 organised by TCIS Cambridge school, Mangalore**
- **Best Women Faculty Award (From Nature Science Foundation Coimbatore) for the year 2019.**

## Active member of

- **Indian Dietetic Association (Bangalore chapter) No. IDA/02262**
- **Nutrition Society of India (Hyderabad)**
- **Indian Association of Parental and Enteral Nutrition (IAPEN) LM-2021-262**
- **SAPEN & ESPEN**
- **Former member of Food Committee and Child Welfare Department, Mangalore**
- **ORCHID # 0000-0003-0902-1011**